

Kids Yoga Stories

Kids Yoga Stories has been supporting educators, therapists, school counselors, yoga teachers, and parents for over 14 years.

We're on a mission to help empower children with the tools and skills to self-regulate, manage emotions, and be the healthiest versions of themselves.

Giselle Shardlow, M. ED, is an award-winning children's book author and founder of Kids Yoga Stories.

She has over a decade of experience teaching grades K-5 in Guatemala, Australia, Canada, and the United States. She draws from her experience as an international teacher, a world traveler, a certified yoga teacher, and a mom to a daughter with additional needs.



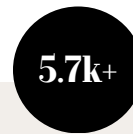
Facebook



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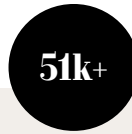
Instagram



YouTube



Unique visitors per month



Email subscribers



Page views per month



Monthly visitors

*Monthly website email stats were calculated using a 12 month average from June 2025 to May 2026. Social numbers as of June 2026.



Connect

SOCIALS

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SHOP

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49% US
9% Australia
8% Canada
5% UK
3% Ireland

Audience:

Classroom teachers
School staff
Yoga teachers
School counselors
Physical therapists
Occupational therapists
Parents/Caregivers
Early childhood educators



| Age | |
|-------|-----|
| 35+ | 38% |
| 25-34 | 44% |
| 18-24 | 14% |